

Add up the commercials in each column on the chart:

How many commercials did you see advertising snacks high in fats and or/sugars such as soda, chips, and candy? _____

How many commercials did you see advertising restaurants and fast food? _____

How many commercials did you see advertising healthy foods such as veggies, fruits, and yogurt? _____

Students, were you surprised by the number of commercials in any of the categories?

YES NO

Why or why not? _____

Ask your parent if he/she was surprised by the number of commercials in any of the categories. If your parent was surprised, why? If not, why not?

